

AAIDD Texas Chapter's 44th Annual Convention

# Navigating Change: SAILING TO THE FUTURE

The Omni Corpus Christi  
Corpus Christi, Texas  
July 23-26, 2019



American Association on  
Intellectual and Developmental Disabilities  
Texas Chapter





# Consumer Stipend Announcement

The Association on Intellectual and Developmental Disabilities Texas Chapter has applied for a consumer stipend grant from the Texas Council for Developmental Disabilities. The purpose of the grant is to enable individuals with intellectual and/or developmental disabilities and their family members, who are without organizational support, to attend the 2018 AAIDD Texas Chapter Annual Convention. By promoting inclusion, AAIDD Texas Chapter can extend to stipend recipients the benefits that are available to all persons who will attend the convention.

Note: Registration fees include Wednesday – Friday sessions, daily coffee breaks and the Thursday Awards Luncheon. Hotel accommodations are based on double occupancy at The Omni Corpus Christi. Stipend recipients are responsible for making their own arrangements for meals and transportation, but recipients may receive reimbursement for food and travel expenses if receipts are submitted.

Pending funds, the AAIDD Texas Chapter Consumer Stipend Committee will award stipends. In order to be considered, stipend application and eligibility verification forms must be submitted by June 28, 2019. To obtain stipend applications and eligibility verification forms, go to [www.aaidtx.org](http://www.aaidtx.org). For questions, contact Lisa Shelby at 512/804-3175.

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# WELCOME



Welcome to the 44rd Annual Convention of the American Association on Intellectual and Developmental Disabilities (AAIDD) Texas Chapter! The convention is in beautiful Corpus Christi again this year, where you can explore miles of beaches, visit some interesting cultural and historical venues, shop at local gift stores and boutiques, and dine at some wonderful local restaurants. Enjoy yourself and bring your family so all of you can explore Corpus Christi and the Texas Coast!

The Convention Program Committee has prepared an interesting and informative program designed to appeal to all participants including professionals, direct support staff, administrators, self-advocates, and family members. Presentations provided this week are designed to increase your knowledge and skills in order to provide better services and supports for the persons we serve. We also strive to empower self-advocates and families so they can better access the services and supports available to them and advocate for services that they need. Professional Development and Continuing Education credits are available.

The theme this year is Navigating Change: SAILING INTO THE FUTURE which reflects the changes and challenges faced by all service providers and service recipients in Texas during this legislative year. You will want to attend those sessions that provide information about legislative changes and the impact they may have on services. The session on the last day of the convention is particularly interesting as we hear from the leaders of various organizations discuss their knowledge about service changes. They will provide information about changes made during the legislative session and their potential impact.

One major goal of our convention is to provide you with additional tools and knowledge through networking, information sharing and sessions that empower you to deal with challenges and change as a service provider or recipient. This time away from your daily routine is a chance to recharge your battery and renew your focus.

We are very pleased to welcome anyone attending the convention for the first time and proud to welcome back many of the participants who have attended in the past! We encourage you to participate in the convention sessions and social events. Don't forget to place your bids on items in the Silent Auction! Share your experiences and network with others! We have a great group of presenters who are looking forward to sharing their knowledge and expertise and every participant has an opportunity to share their information with others.

On behalf of the Board of Directors of AAIDD Texas Chapter, and the Convention Planning Committee, thank you for coming! Enjoy your convention!!

Charlotte M. Kimmel, Ph.D.  
AAIDD Texas Chapter  
2019 Convention Committee Chair



# SPECIAL EVENTS

## OPENING SESSION

Wednesday, July 24, 9 - 10:30 a.m.

**Keynote Speaker: Karyn Harvey, Ph.D., Director of Programs and Development,  
The Arc of Baltimore**

### **Sources of Trauma in the Lives of People with IDD**

This presentation will examine the sources of trauma in the lives of people with intellectual disabilities, the effects of that trauma and the key ingredients to healing. Crucial programmatic elements involved in trauma recovery will be discussed in depth.

## SILENT AUCTION

Wednesday, July 24, 11:30 - 4:30 p.m.

Thursday, July 25, 8 a.m. - 3 p.m.

Back by popular demand is the AAIDD – Texas Chapter Silent Auction. Show your support for the association and participate in the Silent Auction. If you have an item that you would like to donate, contact Cheryl Petty at 512-440-4039 or by email at [cheryl.petty@integralcare.org](mailto:cheryl.petty@integralcare.org). Proceeds from the auction will help support the convention. See you there!

## AAIDD TEXAS CHAPTER AWARDS LUNCHEON

Thursday, July 25, Noon - 1:15 p.m.

We all know dedicated persons who are serving persons with intellectual and developmental disabilities. Visit [www.aaiddtx.org](http://www.aaiddtx.org) for awards information. Help honor this year's award recipients in all five categories:

- Helen G. FitzSimmons Leadership Award
- Knowledge Award for Excellence in Education or Research
- Support Award for Excellence in the Provision of Direct Supports
- Empowerment Award for Excellence in Promotion of Self-Advocacy
- Student Award for Excellence in Knowledge, Support or Empowerment

## CLOSING SESSION

Friday, July 26, 9 - 11 a.m.

**Continental Breakfast will be provided**

### **State Leader Panel Discussion**

- Moderator, Melissa Whitworth, President, AAIDD Texas Chapter
- Dee Bridgewater, Medicaid, Texas Health & Human Services Commission (HHSC)
- Isabel Casas, Director of IDD Services, Texas Council of Community Centers
- Scott Daigle, Public Policy Director, Texas Council for Developmental Disabilities
- Sandy Frizzell, CEO, Provider Alliance for Community Services of Texas (PACSTX)
- Kyle Piccola, Director of Government Affairs, The Arc of Texas
- Carole Smith, Executive Director, Private Providers Association of Texas (PPAT)
- Haley Turner, Associate Commissioner, Texas Health & Human Services Commission (HHSC)



# SPONSORS & EXHIBITORS

## SPONSORS

### DIAMOND



### PLATINUM



### GOLD



### SILVER



### BRONZE

**ANDREW W. GRIFFIN, Ph.D.**



## TABLETOP DISPLAY EXHIBITORS

Nestidd

Pharmacy Alternatives

ResCare Residential Services

Shield HealthCare

Tarrytown Exhocare Pharmacy

Texas Council for Developmental Disabilities

The Wood Group

# SCHEDULE-AT-A-GLANCE

## Tuesday July 23

**8 a.m. – 5 p.m.**

Registration

**8:30 – 11:30 a.m.**

Pre-Convention Workshop

**1 – 4:30 p.m.**

Pre-Convention Workshop

**2 – 5 p.m.**

Exhibit Hall/Silent Auction Set-up

**4:45 – 6 p.m.**

Reception

**6 p.m.**

AAIDD Texas Chapter Board of Directors and  
Convention Committee Meeting/Dinner

## Wednesday July 24

**8 a.m. – 5 p.m.**

Registration

**8 – 8:45 a.m.**

Continental Breakfast

**9 – 10:30 a.m.**

Opening Session & Welcome

**10:30– 10:45 a.m.**

Break

**10:45 a.m. – Noon**

Breakout Sessions

**Noon – 4:30 p.m.**

Exhibit Hall/Silent Auction Open  
(Lunch on your own)

**1:30 – 3 p.m.**

Breakout Sessions

**3 – 3:30 p.m.**

Break (Exhibit Hall)

**3:30 – 5 p.m.**

Breakout Sessions

**5 – 5:30 p.m.**

AAIDD Texas Chapter Annual Business Meeting

**5:30 – 7 p.m.**

Reception

## Thursday July 25

**8 a.m.– 5 p.m.**

Registration

**8 – 9 a.m.**

Continental Breakfast (Exhibit Hall)

**8 a.m. – 3 p.m.**

Exhibit Hall/Silent Auction Open

**9 – 10:15 a.m.**

Breakout Sessions

**10:15 – 10:45 a.m.**

Break (Exhibit Hall)

**10:45 a.m. – Noon**

Breakout Sessions

**Noon – 1:15 p.m.**

Awards Luncheon

**1:30 – 3 p.m.**

Breakout Sessions

**3 – 3:30 p.m.**

Break (Exhibit Hall)

**3:15 p.m.**

Silent Auction Closes

**3:30 – 5 p.m.**

Breakout Sessions

**4:45– 5:15 p.m.**

Silent Auction Pick-up

**Evening on your own**

## Friday July 26

**8 – 11 a.m.**

Registration

**8 – 8:45 a.m.**

Continental Breakfast

**9 – 11 a.m.**

Closing Session





# SCHEDULE OF EVENTS

## Tuesday July 23

8 a.m. – 5 p.m.  
REGISTRATION

### 8:30 – 11:30 a.m. PRE-CONVENTION WORKSHOP

#### **The Plan is Not the Thing....Discovery Is!**

The Federal rule is clear that person centered plans must be developed for people receiving HCBS services. Person Centered Thinking is the foundation that facilitates discovery of what is important to a person and what is important for a person. This discovery leads to plans with outcomes that change lives. The presentation will offer learners an overview of person-centered practices with an opportunity to practice person centered thinking skills. The curriculum for this training was developed by Michael Smull and The International Learning Community on Person Centered Practices (ILCPCP) Certified Trainers and reflects CMS requirements. The final component of the training will address Outcome statements as developed by the ILCPCP.

- *Jeff Garrison-Tate, M.Ed., Program Manager, The Center on Disability Studies, The University of Texas at Austin*

### 1 – 4:30 p.m. PRE-CONVENTION WORKSHOP

#### **Issues with Aging, Dementia and IDD**

This presentation will discuss issues that affect the growing number of persons with intellectual and developmental disabilities that are reaching middle and older age. Issues include diseases that affect cognitive decline, health issues, decline in social support, transition issues such as retirement, and special issues that affect older adults such as substance abuse.

The presentation will discuss the impact of aging on caregivers as well, including issues of transference and related concerns. This program will be helpful for all persons working with an aging population. It will also be helpful for any person who is aging. The program will include information on the National Task Group (NTG) and the National Alzheimer's Program focusing on the inclusion of special populations in the federal program directives and goals.

- *Andrew W. Griffin, Ph.D., Licensed Psychologist, Independent Practice*

2 – 5 p.m.  
EXHIBIT HALL/SILENT AUCTION SET-UP

4:45 – 6 p.m.  
RECEPTION

6 p.m.  
AAIDD TEXAS CHAPTER BOARD OF DIRECTORS AND CONVENTION COMMITTEE MEETING/DINNER

## Wednesday July 24

8 a.m. – 5 p.m.  
REGISTRATION

8 – 8:45 a.m.  
CONTINENTAL BREAKFAST

9 – 10:30 a.m.  
OPENING SESSION  
Keynote Speaker: Karyn Harvey, Ph.D.,  
Director of Programs and Development,  
The Arc of Baltimore

#### **Sources of Trauma in the Lives of People with IDD**

This presentation will examine the sources of trauma in the lives of people with intellectual disabilities, the effects of that trauma and the key ingredients to healing. Crucial programmatic elements involved in trauma recovery will be discussed in depth.

10:30 – 10:45 a.m.  
BREAK



# Wednesday July 24

10:45 a.m. – Noon

## BREAKOUT SESSIONS

### 1. Busting Out of the Boring Fitness Routine

Do you want to jazz up the fitness program at your Day Habilitation program? Are your participants bored with the same old exercise and stretching videos? Physical activity is important for many aspects of people's lives but finding the right combination of motivation, resources, and energy is where many programs stumble. Come hear about a new program that was developed where the participants are EXCITED and ENGAGED, and has grown exponentially over the past 2 years. Learn what worked and what didn't during the implementation process. Get inspired to start a fun and challenging fitness program at your location!

- Margaret Sachs, Voc Hab Manager, Texana Center
- Manuel Lopez, Jr., Education and Employment Manager, Texana Center

### 2. IDEA and Functional Behavior Assessment: Implementation in Schools

The functional behavior assessment (FBA) and function based behavior intervention plan (BIP) are integral to the success of students with disabilities experiencing behavioral challenges. In this session, presenters share their professional experiences and findings from a survey conducted with educators in schools to determine how FBAs are conducted and BIPs are developed and implemented. Through examination of the results of the survey the presenters will define and describe the FBA and BIP from the standpoint of accepted professional practice and will discuss how efforts in the schools compare. The implications for students with challenging behaviors will also be discussed.

- Andria Young, Ph.D., Professor, Special Education, University of Houston Victoria
- Terrisa Cortines, M.Ed., Educational Diagnostician, Adjunct Professor, University of Houston Victoria

### 3. Integrating Assessment and Treatment for People Who are Dually Diagnosed

People who are dually diagnosed, with an intellectual disability and a mental illness, present challenges in services to caregivers, families and professionals. Often, co-occurring behavior challenges can further complicate outcomes. Using an integrated approach to assess and treat behavioral health can provide the support these individuals require. Failure to use an integrated approach can result in incarceration, psychiatric placement, or jeopardize community placement. Integration of various technologies into traditional therapeutic interventions can be used to reduce crises and improve outcomes.

- Jose Levy, LPA, Associate Psychologist, Behavior Analyst, Behavior Solutions

### 4. One Page Descriptions....It's About All of Us!

This session will provide learners with a brief overview of person centered practices and person centered thinking. Learners will practice person centered thinking skills and connect the skills to a draft of their own one-page description. Learners will be encouraged to recognize how discovery of what is important to and for a person informs action planning. Presentation will provide participants an overview and opportunity to practice Person Centered Thinking skills that lead to discovery of what is important to and for their loved one and how best to support them to get a better life... as they define it. Participants will also learn how to use Person Centered Thinking skills for conflict resolution leading to goals and objectives centered on how best to support the person. This presentation and the skill development is applicable to any planning process that addresses education and service delivery goals.

- Jeff Garrison-Tate, M.Ed., Program Manager, The Center on Disability Studies, The University of Texas at Austin

Noon – 4:30 p.m.

EXHIBIT HALL/SILENT AUCTION OPEN

(Lunch on your own)





# Wednesday July 24

1:30 – 3 p.m.

## BREAKOUT SESSIONS

### 1. Long-Term Disaster Recovery for Individuals with Disabilities

This presentation will provide training on long-term recovery services and resources for individuals with disabilities and other functional needs and access needs affected by Hurricane Harvey. Attendees will gain increased awareness of long-term recovery needs of individuals with disabilities impacted by Hurricane Harvey. Attendees will additionally gain increased awareness of and readiness to share available resources and tools in planning and recovery activities to support Hurricane Harvey survivors. Finally, session participants will understand key action steps for preparedness for and mitigation of future disasters.

- *Marcia L. Montague, Ph.D., Visiting Assistant Professor, Texas A&M University*
- *Isabella Miracle, Preservice Teacher, Texas A&M University*
- *Karina Reyes Rodriguez, Preservice Teacher, Texas A&M University*

### 2. Trust Based Relational Intervention and Behavior Support Planning

This presentation provides the model of Trust Based Relational Intervention (TBRI) which was originally developed for caregivers, family members, and providers to understand basic principles for working with children and youth exhibiting challenging behaviors who come from “Hard Places” such as foster care and have experienced trauma from abuse and neglect. This model can also be used with children, youth, and adults with Intellectual and Development Disabilities exhibiting challenging behaviors to enhance the provision of positive behavior intervention supports and services through embedding TBRI as supplemental components into Positive Behavior Support Plans promoting behavior change through increasing positive replacement behaviors.

- *James Turnage, M.A., Director of Supports for Disability Services, MHMR Tarrant*
- *Jan Aiello, Ph.D., Behavior Analyst, MHMR Tarrant*

### 3. Legislative Impacts of IDD Services

This session will provide a summary of some of the changes we can expect to see as a result of the last session of the Texas Legislative Session. With every session there are always questions how new laws and changes with the State will impact those IDD services across the State. This will be a participant involved session to allow time for questions and discussions.

- *Dion White, CEO, Center for Life Resources*

### 4. Positive Identity Development and Healing

This session will offer the positive identity approach as a way to work with person with disabilities that will facilitate growth and healing. It will explain the nuts and bolts of this approach and offer practical tools.

- *Karyn Harvey, Ph.D., Director of Programs and Development, The Arc of Baltimore*

3 – 3:30 p.m.

## BREAK (EXHIBIT HALL)

3:30 – 5 p.m.

## BREAKOUT SESSIONS

### 1. Putting Psychotherapy into Practice for Persons with IDD

Persons with IDD are being diagnosed with mental illnesses at a higher rate than persons without IDD. This training presents modifications to traditional counseling and psychotherapy techniques in order to provide a variety of treatment options for clinicians for use with individuals dually diagnosed with mental illness and IDD. Participants will learn which therapy approaches may be of most benefit for various issues and populations and will be afforded the opportunity to practice the interventions through the use of case studies.

- *Susan LaGrone, M.S., Transition Support Team Coordinator, Nueces Center for MH and ID*
- *Mary Chavez-Harrington, Transition Support Team Lead, Hill Country MHDD Centers*



# Wednesday July 24

3:30 – 5 p.m.

## BREAKOUT SESSIONS CONTINUED

### 2. We're Back! Making Behavior Supports Better in Texas!

This panel session will bring together five experts on Behavior Analysis from around the state to discuss and answer your questions on the status of Behavior Supports in Texas. The five panelists will discuss the issues Behavior Analysts (BCBAs) and stakeholders are working on, outcomes of the most recent legislative session, how Texas compares to the rest of the country, and what action items are needed to move Texas up the list in respect to behavioral services for individuals with IDD. Whether your interest is in schools, Medicaid, mental health authorities, telehealth, or insurance, we have you covered. We would like to encourage those planning to attend the conference to submit questions in advance to the following e-mail address: [jeffrey.dillen@texanacenter.com](mailto:jeffrey.dillen@texanacenter.com).

- Jeffrey Dillen, M.S., Manager, Texana Center
- Mariel Fernandez, BCBA, ABA Program Director, Autism Treatment Center
- Alyssa Martin, BCBA, Manager, Texana Center
- Rany Thommen, Executive Director, ABA Today

### 3. Ethics – Historical, Philosophical, Religious & Ethnic Issues in Ethical Services (Part I)

This presentation identifies historical trends in what is considered ethical treatment of people with intellectual and developmental disabilities. The philosophical and religious approaches to people with disabilities will also be explored. Finally, ethnic differences in attitudes toward and support of people with disabilities will be analyzed.

- Ellis M. (Pat) Craig, Ph.D., Consultant Psychologist
- Ollie J. Seay, Ph.D., Clinical Assistant Professor, Texas State University

### 4. Meeting the Needs of a Changing Population

This presentation will discuss the programs being developed to meet the needs of the younger, more behaviorally involved population being served in the state of Texas. This includes program changes, training staff to prepare for serving this new generation of individuals, and how to recruit and retain staff in this challenging environment.

- Scott M. Schalchlin, Associate Commission, SSLCs, Texas Health and Human Services Commission

5 – 5:30 p.m.

## AAIDD TEXAS CHAPTER ANNUAL BUSINESS MEETING

5:30 – 7 p.m.

## RECEPTION & POSTER PRESENTATION

## WEDNESDAY JULY 24 • 5:30 – 7 p.m.

### RECEPTION & POSTER PRESENTATION

#### A DAY OF UNITY, AN INCLUSIVE FIELD DAY

- Jesus Moncada, Special Education Teacher, Taft ISD
- Jane Escamilla, Student/Social Worker, Upbring
- Michelle W. Wells, Student, Corpus Christi ISD

#### SUICIDE PREVENTION FOR STUDENTS WITH LOW-INCIDENCE DISABILITIES

- Brianna Hazlewood, Graduate Assistant/Student, Texas A&M University Corpus Christi
- Roxanne Gonzalez, Graduate Student, Mathis ISD
- Natalie Salas, Program Supervisor/Graduate Student, Nueces Center for MH and ID

#### PARENT ACADEMY

- Paul Rodriguez, School Counselor/Graduate Student, Texas A&M University Corpus Christi
- Natalie Tillie Lerma, Teacher/Graduate Student, Texas A&M University Corpus Christi
- Leean Pena Whipple, Special Education Area Coordinator, Texas A&M University Corpus Christi

#### SUPPORTING EXCEPTIONAL FAMILIES

- Evalynn Ambra Sherrod, Texas A&M University Corpus Christi
- Roxanne McMahon, Texas A&M University Corpus Christi

#### PEER BUDDIES

- Heather Shores-Price, Special Education Teacher, LIDs Program
- Lola K. Grundy, Science Teacher, Kaffie Middle School, Corpus Christi
- Elva E. Franco, Graduate Student, Texas A&M University Corpus Christi

#### THE IMPORTANCE AND IMPLEMENTATION OF CHOICE

- Annie Harry, Texas State University San Marcos



# Thursday July 25

8 a.m. – 5 p.m.

REGISTRATION

8 – 9 a.m.

CONTINENTAL BREAKFAST – EXHIBIT HALL

8 a.m. – 3 p.m.

EXHIBIT HALL/SILENT AUCTION OPEN

9 – 10:15 a.m.

BREAKOUT SESSIONS

## 1. Practice Issues in Psychology

This presentation will be a discussion group that focuses on current practice issues in the field of psychology as it relates to the field of intellectual and developmental disabilities. Discussion will focus on any legislative issues related to the practice of psychology and current practice issues such as assessments, treatment, and therapy, BCBA certification and possible licensure, psychopharmacology, and other issues that relate to the practice of psychology. Issues being addressed by professional psychology organizations will be provided including an update on issues from the legislative session that may impact the practice of psychology.

- *Charlotte Kimmel, Ph.D., Licensed Psychologist, Psychological Services*
- *Ellis M. (Pat) Craig, Ph.D., Consultant Psychologist*
- *Ollie J. Seay, Ph.D., Clinical Assistant Professor, Texas State University*

## 2. Mindfulness Techniques for Care Givers and Care Providers

Presentation on the benefits of helping caregivers and providers use mindfulness and meditation techniques to do self-care while providing services and supports to people with IDD. Mindfulness for caregivers has been shown to be effective in helping people become more receptive to behavioral cues, be more emotionally regulated, and have an influence on the behaviors of the people they are serving or supporting.

- *Mark Blockus, LPC Intern, Action Potential ATX*

## 3. Effects of Interventions in IDD and Dementia

Individuals with IDD now have a longer life expectancy that puts them at greater risk of dementia. Individuals with IDD generally do not receive preventative screenings. A multidisciplinary team from MHMR of Tarrant County provided dementia screenings to a sample of adults with IDD in the community then provided staff training and intervention to caregivers supporting the individuals with dementia. This presentation will share the results of a 9-month Geriatric Practice Leadership Institute project. This presentation will also provide attendees with appropriate supports, living environments, and programming to support maintaining skills and independence as much as possible in individuals with dementia.

- *Dr. Laura Golden, Occupational Therapist, MHMR Tarrant*

10:15 – 10:45 a.m.

BREAK (EXHIBIT HALL)

10:45 a.m. – Noon

BREAKOUT SESSIONS

## 1. Best Practice in the Use of Prompts

As we work to support individuals in achieving their goals, whether those goals be related to employment, life skills, recreation, community engagement, etc., the use of prompts provide a needed scaffold to aid in goal attainment. This presentation will discuss best practices in the use of prompts with individuals with intellectual disabilities. The system of least prompts will be discussed, along with prompt fading procedures. Participants will have the opportunity to reflect on their current work and consider how they can apply the effective use of prompts with those they serve.

- *Marcia L. Montague, Ph.D., Visiting Assistant Professor, Texas A&M University*



# Thursday July 25

10:45 – Noon

## BREAKOUT SESSIONS CONTINUED

### 2. Getting to “Yes!” – Empowering Choice and Autonomy for Individuals with IDD

Individuals with intellectual and developmental disabilities can experience feelings of disempowerment. Oftentimes, these feelings stem from lack of autonomy and choice within one’s own life. This powerlessness can lead to depression and anger. However, providing choice and autonomy can be difficult and scary, especially for caretakers, family members, and guardians. This presentation focuses on reconciling an individual’s goals with the support they need to be safe and successful.

- *Rachel Medina, M.S., Director, Seaton Foundation*

### 3. Symptomology, Familism & IDD: Caregiver Risk and Protective Factors

The purpose of this presentation is to present preliminary results from an ongoing research study that highlights caregiver’s internalizing symptomology (anxiety and depression), stigma levels, perceived social support, and familism. Examining the dynamic relationship between symptomatology and the aforementioned variables will be discussed in a manner to address potential risk and protective factors in caregivers of children and adults diagnosed with an Intellectual and Developmental Disability. As caregivers report high levels of depression and anxiety, low levels of stigma, and high levels of familism, the clinical implications for clinical assessments, screenings will be compared and presented. Further needs for measures in educational settings and for psycho educational/awareness will be discussed.

- *Alfonso Mercado, Ph.D., Associate Professor, University of Texas Rio Grande Valley*
- *Stephanie Arellano, University of Texas Rio Grande Valley*
- *Gabriel Davalos Picazo, Ph.D., Professor, Universidad San Pablo*
- *Jose Miguel Godoy, University of Texas Rio Grande Valley*
- *Abigail Nunez-Saenz, Student, University of Texas Rio Grande Valley*
- *Paola Salazar, Student, University of Texas Rio Grande Valley*
- *Andy Torres, Student, University of Texas Rio Grande Valley*

Noon – 1:15 p.m.  
AWARDS LUNCHEON

1:30 – 3 p.m.  
BREAKOUT SESSIONS

### 1. IDD Recognition & Response, Law Enforcement Training Model

Two-Way Street- Interactive Training Model for Law Enforcement. This is an innovative, inclusive classroom training model that brings together law enforcement officers and members of the IDD community as co-trainers so that the training is practical and memorable. This training model promotes officer safety and community safety. This training model’s goal is to inspire a shift in thinking, feeling, and action; and, to teach how to know, think, and do, during interaction with the IDD community. IDD Recognition and Response, A Law Enforcement Training Model provides practical information to help officers recognize individuals IDD and select intervention strategies to respond effectively.

- *Virginia Charles, M.Ed., Assistant Director of IDD Services, Alamo Area Council of Governments*
- *Jose Robledo, Law Enforcement Academy Instructor, Alamo Area Council of Governments*

### 2. Attitudes, Personality and Behavior Supports

There are several factors that affect a person’s behavior. Some factors are external, such as other peoples’ attitudes towards them or towards their behavior. Other factors are internal, such as their individual personality and history. This presentation will discuss the interaction between personality factors, attitudes about the individual, attitudes about their behavior and attitudes about challenging behavior in general and how these factors affect our ability to intervene effectively with people who exhibit challenging behavior.

- *Steve Fitzner, MS, Licensed Psychological Associate, Spindletop Center*





# Thursday July 25

1:30 – 3 p.m.

## BREAKOUT SESSIONS CONTINUED

### 3. The Changing Role of Adaptive Behavior

Although the concept of adaptive behavior has been influential in the field of intellectual and developmental disabilities for centuries, its objective measurement and use in classification systems and funding is relatively recent. This presentation will trace this history, analyze some of the more important adaptive behavior instruments, and discuss its increasingly important role in the future.

- *Ellis M. (Pat) Craig, Ph.D., Consultant Psychologist*
- *Charlotte Kimmel, Ph.D., Licensed Psychologist, Psychological Services*
- *Ollie J. Seay, Ph.D., Clinical Assistant Professor, Texas State University*

3 – 3:30 p.m.

## BREAK (EXHIBIT HALL)

3:15 p.m.

## SILENT AUCTION CLOSURES

3:30 – 5 p.m.

## BREAKOUT SESSIONS

### 1. Puberty and IDD: Health, Safety and Empowerment

Puberty is a natural developmental stage to be celebrated by youth and their families. Intimate conversations can bring families closer during a time when young people typically pull away. People with IDD experience injury, disease and exploitation at higher rates than the general population. Providers and caregivers often misinterpret puberty related behaviors, resulting in admonishment rather than support. This presentation provides skills to nurture youth who grapple with unfamiliar urges and frustration. Appropriate guidance helps people with IDD experience more dignity and inclusion. Sexual health education empowers individuals to protect themselves from exploitation and disease, and enhances quality of life.

- *Michael J. Parker, Ph.D., Sr. Clinical Director, MHMR Tarrant*
- *Lacey Eaton, LPC, Director of Disability Services, MHMR Tarrant*
- *Dr. Laura Golden, Occupational Therapist, MHMR Tarrant*
- *James Turnage, M.A., Licensed Professional Counselor, MHMR Tarrant*

### 2. Ethical Issues in Service Delivery for Individuals with IDD (Part II)

This presentation will address major ethical issues in services to people with intellectual and developmental disabilities. Key practice issues include consent requirements, guardianship decisions, eligibility assessment & diagnosis, and special ethical issues in service delivery, treatment, and advocacy. Various professional codes of ethics will be analyzed. The session will conclude with a discussion of ethical issues faced by members of the audience.

- *Ellis M. (Pat) Craig, Ph.D., Consultant Psychologist*
- *Ollie J. Seay, Ph.D., Clinical Assistant Professor, Texas State University*

### 3. Music and Speech: Are They Related?

Music and speech, two important components of daily life, portray different purposes. As different as they may seem, they share many characteristics, most of which are not easily visible. Ongoing research has proved that several neural modules are similarly involved in music and speech. This means that speech functions can benefit from music functions and vice versa. In this class, we will look at the latest discoveries on speech/language development and rehabilitation, and the latest discoveries about music's neurological impact on the brain. We will then look at how music therapy affects brain development, and enhances speech rehabilitation.

- *Lauri Gallegos, Music Therapist, Richmond State Supported Living Center*

4:45 – 5:15 p.m.

## SILENT AUCTION PICK-UP

## EVENING ON YOUR OWN

# Friday July 26

8 – 11 a.m.

**REGISTRATION**

8 – 8:45 a.m.

**CONTINENTAL BREAKFAST**

9 – 11 a.m.

**CLOSING SESSION**

## **State Leader Panel Discussion**

Key State leaders will discuss current issues and upcoming changes in the IDD system.

- *Moderator, Melissa Whitworth, President, AAIDD Texas Chapter*
- *Dee Bridgewater, Medicaid, Texas Health & Human Services Commission (HHSC)*
- *Isabel Casas, Director of IDD Services, Texas Council of Community Centers*
- *Scott Daigle, Public Policy Director, Texas Council for Developmental Disabilities*
- *Sandy Frizzell, CEO, Provider Alliance for Community Services of Texas (PACSTX)*
- *Kyle Piccola, Director of Government Affairs, The Arc of Texas*
- *Carole Smith, Executive Director, Private Providers Association of Texas (PPAT)*
- *Haley Turner, Associate Commissioner, Texas Health & Human Services Commission (HHSC)*



# GENERAL INFO

## ONLINE REGISTRATION

To register online, go to [www.aaidtx.org](http://www.aaidtx.org). You can make your payment by credit card, enter a check number and/or purchase order number. Once you have registered online, make check payable to AAIDD Texas Chapter and mail payment (or photocopy of your purchase order) to: AAIDD Texas Chapter, P.O. Box 28076, Austin, TX 78755.

## **Hotel Information**

Omni Corpus Christi Hotel  
900 North Shoreline Blvd.  
Corpus Christi, Texas 78401  
[Online Reservations Here](#)

**Rates:** \$149.00 single/double occupancy  
Check-in time is 3 p.m.; check-out time is noon

Make your reservation by June 28, 2019 to ensure the special rate and room availability. Reservations requested after cut-off date will be subject to space and rate availability.

**Hotel Parking:** Self parking is 50% off current self parking daily rate and valet parking is approximately \$20.00/day.

## TRANSPORTATION

Hotel provides complimentary shuttle service to/from the Corpus Christi International Airport. Taxis and rental car agencies are located at the airport.

## ATTIRE

Attire is "business casual" for all meetings and events.

## BADGE IDENTIFICATION

Badges are required for entry to all meeting rooms, meal functions and Exhibit Hall.

## CONCURRENT SESSION ADMITTANCE

All sessions are open to conference attendees on a first-come/first-serve basis. As soon as all chairs are occupied, the room monitor will close the session. Fire codes prohibit the attendees from standing in the aisles or against the walls. We appreciate your cooperation.

# GENERAL INFO

## CONTINUING EDUCATION UNITS

CEUs are available for ALL sessions at the Convention at no charge. Prior to attending any session, pick up the CEU forms at the registration desk. Certificates will be available after completion of each session. The association thanks Integral Care for sponsoring the convention CEUs and for processing the applications.

## CONVENTION EVALUATION FORMS

Be sure to complete the overall convention evaluation form and return it to the registration desk before the closing session. Attendees who complete the overall convention evaluation form, will receive a ticket for a prize drawing to be held at the closing session. Your input is important and will help us plan for the 2020 Convention.

## DOOR PRIZES

Door Prize drawings will be held in the Exhibit Hall at selected break times on Wednesday and Thursday. To qualify, you must visit all exhibitors and have each one sign the drawing card. Drawing cards will be available at the registration desk. To be eligible to win, your completed entry form must be dropped in the bowl at the AAIDD Texas Chapter exhibit table. You must be present to win!

## EXHIBITION INFORMATION

There are 20 exhibit tables available for the show this year. The exhibit fee includes one registration. Additional company representatives will need to pay the additional exhibitor fee (\$195). Upon receipt of your exhibitor registration and payment, display tables will be assigned on a first-come/first-serve basis. The exhibit hall will be open during the following hours: Noon – 4:30 p.m., Wednesday, July 24 and 8 a.m. – 3:30 p.m., Thursday, July 25. Exhibitor set-up begins on Tuesday, July 23 from 2 – 5 p.m. Exhibits need to be ready by 11 a.m. on Wednesday, July 24. Tear down begins at 3:30 p.m. on Thursday, July 25 with all displays removed by 4:30 p.m. Please contact Pat Holder at 512/349-7470 for display table availability and assignments.

## SPEAKER PRESENTATIONS

As a “Green” initiative, we will post the speaker presentations to the website following the Convention. Speakers will provide a short summary of their presentation onsite. Thank you for your cooperation.

## SPONSORSHIP OPPORTUNITIES

If your organization is interested in a sponsorship opportunity, please check the appropriate box on the registration form. When completing the registration, be sure that the company name is printed exactly as it is to appear in the promotional materials. Sponsors receive the following benefits for their participation at the Convention: listing on sign at the convention; recognition in the convention program (if committed 30 days in advance), company name posted on the association website, recognition in the association newsletter and sponsor ribbon on name badge at the convention.





# BOARD OF DIRECTORS

## 2019 AAIDD Texas Chapter Board of Directors

### President

#### **Melissa Whitworth**

Bluebonnet Trails Community Services  
melissa.whitworth@bbtails.org

### President - Elect

#### **Charlotte Kimmel, Ph.D.**

Independent Practice  
cmkimmelphd@att.net

### Past President

#### **Pat Craig, Ph.D.**

ecraig1@austin.rr.com

### Treasurer

#### **Connie Cisneros**

Tropical Texas Behavioral Health  
ccisnero@ttbh.org

### Secretary

#### **Cheryl Petty**

Integral Care  
cheryl.petty@integralcare.org

### Self-Advocate

#### **Ashley Cupples**

Jtharper61@hotmail.com

### Direct Support Professional

#### **Ollie Seay, Ph.D.**

Texas State University  
ollieseayphd@austin.rr.com

### Members At Large

#### **Justin Botter**

Mosaic South Central Texas  
Justin.botter@mosaicinfo.org

#### **Margo Childs**

The Harris Center for Mental Health and IDD  
margo.childs@theharriscenter.org

#### **Lawrence Davis**

Integral Care  
lawrence.davis@integralcare.org

#### **Rachel Medina**

LiveOak Living Community  
rm@liveoakliving.com

#### **Lisa Shelby**

Integral Care  
lisa.shelby@integralcare.org

#### **Dion White**

Center for Life Resources  
dion@cflr.us

#### **Pat Holder**

Convention Manager  
patholder@austin.rr.com

# CONVENTION COMMITTEE

## 44th Annual Convention Committee

**Charlotte Kimmel, Ph.D., Chair**  
Program, Awards and Nominations

**Justin Botter**  
Program  
Mosaic South Central Texas

**Margo Childs**  
Silent Auction  
The Harris Center for Mental Health and IDD

**Connie Cisneros**  
Local Arrangements, Silent Auction  
Tropical Texas Behavioral Health

**Pat Craig, Ph.D.**  
Chair, Consumer Stipends  
Awards/Nominations

**Ashley Cupples**  
Silent Auction, Consumer Stipends  
Jtharper61@hotmail.com

**Lawrence Davis**  
Exhibitors/Sponsors  
Unicorn Centers, Inc.

**Steve Fitzner**  
Exhibitors/Sponsors  
Spindletop Center

**Rachel Medina**  
Silent Auction  
LiveOak Living Community

**Cheryl Petty**  
Chair, Silent Auction  
Integral Care

**Ollie Seay, Ph.D.**  
Program  
Texas State University

**Lisa Shelby**  
Consumer Stipends  
Integral Care

**Melissa Whitworth**  
Awards and Nominations  
Bluebonnet Trails Community Services

**Dion White**  
Chair, Exhibitors/Sponsors  
Center for Life Resources



# REGISTRATION INFO

## AAIDD 44th Annual Convention

### “Navigating Change - Sailing to the Future”

The Omni Corpus Christi • Corpus Christi, Texas • July 23 - 26, 2019

To Register Online visit our website - [www.aaidctx.org](http://www.aaidctx.org)

- *Cancellation Policy:* No refunds will be given after **June 28, 2019**; however, substitutions will be permitted.
- For best rates, be sure to register by the earlybird cut-off of June 28, 2019
- Special needs? Interested in Convention sponsorship? Questions? Contact Pat Holder at 512/349-7470 or [patholder@austin.rr.com](mailto:patholder@austin.rr.com).



Join AAIDD Texas Chapter now! If you sign up now, you can register at the member rate.  
Membership to AAIDD Texas Chapter is an Individual membership. Visit [aaidctx.org](http://aaidctx.org)



### Registration Fees\*

	Early Bird Until 6/28/19	After 6/28/19 and on-site
Full Convention - Member	\$275	\$325
Full Convention - Non-Member	\$325	\$375
Daily Rate	\$130	\$160
Guest/Spouse	\$130	\$160
Pre-Convention Workshop <i>(Separate fee for morning and afternoon pre-convention workshops)</i>	\$100	\$125

\*Fees for full convention attendees include Wednesday – Friday sessions, daily coffee breaks and the Thursday Awards Luncheon. The daily rate includes the sessions, coffee breaks and meal functions scheduled on that day.

Group Discount: Take \$15.00 off per person from the full registration fee with 3 or more from your facility/agency/company. **To receive the group discount for multiple attendees, please register the group together online. Late additions will be charged as a separate submission and not receive a discount.**

### Exhibitor Information

	Early Bird Until 6/28/19	After 6/28/19 and on-site
Exhibit Fee	\$580	\$630

Booth fee includes one (1) complimentary registration, one six foot skirted table and two chairs. Other company representatives will need to pay the additional exhibitor fee (\$195/person). Only representatives who are employed by the exhibiting companies will receive this rate. All other visitors must pay non-member rate. Contact Pat Holder at 512/349-7470 for booth availability.

### Convention Sponsorship

Diamond	\$1,000
Platinum	\$750
Gold	\$500
Silver	\$250
Bronze	\$100

If you are interested in Event Sponsorship, contact Pat Holder at 512/349-7470.

